

**For Teens 14-17
years old**

Hot Topic Nights Fall 2011

**Free
and
Fun**

At the ARC, 1701 W. ASH



Health classes just don't give you enough information to help you make healthy decisions. How do you stay safe and avoid risky behavior? How does someone show you love and respect? How do you protect yourself from STDs and teen pregnancy. These and other mysteries are explored in a relaxed and fun environment, sponsored by Columbia ARC, Columbia/ Boone County Health Department and the MU SHAPE program.

See ya there!

**6:30 to 8:00PM
At the ARC**

Oct. 11: Drugs, Alcohol & Sex: Making the Connection

Oct. 18: The 3 R's: Respect, Responsibility, & Relationships

Oct. 25: It Couldn't Happen to Me- Teen Parent panel

Nov. 1: STD's & Birth Control—Protecting Your Future

**Supporting your
health.**

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