Columbia Parks and Recreation January Calendar

Call 874-7460 to register or for more information or visit www.GoColumbiaMo.com.

**January**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Age(s)</th>
<th>Location</th>
<th>Fee</th>
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<tbody>
<tr>
<td>8-12</td>
<td>Advanced registration for adult winter volleyball, returning teams</td>
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<td>9</td>
<td>Swim lessons begin, Session I, Hickman Pool</td>
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<td>15</td>
<td>Dr. Martin Luther King Jr. Memorial Celebration, St. Paul AME Church, 7 pm</td>
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<tr>
<td>15-19</td>
<td>Open registration for adult winter volleyball, new teams</td>
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<td>19</td>
<td>OAK/50+ Snowflake Dance, Parkade Center (east side), 601 Bus Loop 70W, 7-10 pm, $3</td>
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<td>20</td>
<td>Swim lessons begin, Session I, ARC</td>
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**New Year Celebration**

Thursday, Jan. 4, 10 am, age 3-6
Parkade Center, $5

**Little Explorers: B&B Bagels Tour**

Tuesday, Jan. 9, 10 am, age 3-6
124 Nifong, $2

**Cardio/Strength Training Orientation**

Tuesday, Jan. 9, 5:30-6:30 pm, age 14-adult
ARC, $5

**Parent/Child Swim**

Tues/Thurs, Jan. 9-Feb. 1, 6:30 pm, minimum age 6 months
Hickman Pool, $35

**Learn to Swim**

Tues/Thurs, Jan. 9-Feb. 1, 6:30 or 7:20 pm, minimum age 3 years
Hickman Pool, $40

**Intro to Web Design**

Wednesday, Jan. 10-31, 7-8:30 pm, age 16-adult
ARC, $32

**Armory Science Klub (ASK)**

Thursday, Jan. 11-Feb. 15, 6-7 pm, 2nd and 3rd graders
Armory Sports Center, $10

**Pee Wee Jazz and Ballet**

Saturday, Jan. 13-27, 9:30-10:30 am, age 4-5
Parkade Center, $34

**Pee Wee Poms**

Saturday, Jan. 13-27, 10:45-11:45 am, age 4-5
Parkade Center, $34

**Beginning Cheerleading**

Saturday, Jan. 13-27, 12-1 pm, age 6-10
Parkade Center, $34

**Sports Preparation**

Monday, Jan. 15, 5:30-6:45 pm, age 9-15
ARC, $15 ARC Annual Member, $20 Non-member

**Intermediate Guitar**

Monday, Jan. 15-Feb. 19, 6:30-7:15 pm, age 12-adult
Riechmann Indoor Pavilion at Stephens Lake Park
$49

**Senior Fitness**

Tues/Thurs, Jan. 16-25, 8:30-10 am, age 50 and older
ARC, $20 ARC Annual Member, $24 Non-member

**Braille Fun**

Tuesday, Jan. 16, 10 am, age 3-6
ARC, $5

-more-
Taekwon-Do
Tues/Thurs, Jan. 16-Feb. 22
Beginning, 6-7 pm
Intermediate, 7-8 pm
Advanced, 8-9 pm
Parkade Center
Ages: 7-adult
Fee: $42

Cardio/Strength Training Orientation
Wednesday, Jan. 17, 9-10 am, age 14-adult
ARC, $5

Olympic Style
Wednesday, Jan. 17, 5:30-6:45 pm, age 14-adult
ARC, $15 ARC Annual Member, $20 Non-member

Beginning Weight Training
Wednesday, Jan. 17, 6-7 pm, age 7-10
ARC, $16 ARC Annual Member, $20 Non-member

Painting for the Terrified
Thursday, Jan. 18-Feb. 22, 6-7:30 pm, age 18-adult
Parkade Center, $42 + $10 material fee

Junior Taekwon-Do
Thursday, Jan. 18-Feb. 22, 6-7 pm, age 5-6
Parkade Center, $32

Intro to Foil Fencing
Thursday, Jan. 18-Feb. 22, 6:30-8 pm, age 10-17
Rock Quarry Park House, $38

Beginning Guitar I for Kids
Thursday, Jan. 18-Feb. 22, 6:30-7:15 pm, age 7-11
Riechmann Indoor Pavilion at Stephens Lake Park, $49

Beginning Guitar I for Adults
Thursday, Jan 18-Feb. 22, 7:30-8:15 pm, age 12-adult
Riechmann Indoor Pavilion at Stephens Lake Park, $49

Adult Beginning Foil Fencing
Thursday, Jan. 18-Feb. 22, 8-9:30 pm, age 17-adult
Rock Quarry Park House, $38

Speed Reading Made Easy
Saturday, Jan. 20, 9-11 am, age 15-adult
ARC, $21.50

Parent/Child Swim
Saturday, Jan. 20-Mar. 3, 10:10 am, minimum age 6 months

Learn to Swim
Saturday, Jan. 20-Feb. 22, 11:10 am, minimum age 3 years
ARC Water Zone, $40

Intro to Guitar for Kids
Saturday, Jan. 18-Feb. 22, 11:30-12:30, age 7-11
ARC, $35

Quick Study-Memory Mastery
Saturday, Jan. 27, 9-11 am, age 15-adult
ARC, $21.50

Best in the Web
Monday, Jan. 22-Feb. 26, 1:30-2:30 pm
Armory Sports Center, $15

Soccer Strength and Speed
Monday, Jan. 22-24, 6-7:15 pm, age 11-17
ARC, $30 ARC Annual Member, $36 Non-member

Black Belt Taekwon-Do
Monday, Jan. 22, Feb. 5 and 19, 6-8 pm, age 7-adult
Parkade Center, $42

Beginning Word Processing
Monday, Jan. 22-Feb. 26, 6:30-7:30 pm
Armory Sports Center, $15

Preschool Picassos
Tuesday, Jan. 23-Mar. 13, 10-11 am, age 2-5
ARC, $44 + $5 material fee

Intro to Computing
Tuesday, Jan. 23-Feb. 27, 1:30-2:30 or 6:30-7:30, all ages, Armory Sports Center, Free

Choose Your Own Weight Management
Wednesday, Jan. 24, 5:30-7:30 pm, age 18-adult
ARC, $8 ARC Annual Member, $12 Non-member

Knowing What Smart Students Know
Saturday, Jan. 27, 9-11 am, age 12-19
ARC, $21.50

Simple Scrapbooking
Saturday, Jan. 27, 1-3 pm, age 12-adult
Parkade Center, $12 + $10 material fee

Score High on the ACT
Saturday, Jan. 27, 1-3 pm, age 14-19
ARC, $21.50
Cardio/Strength Training Orientation
Tuesday, Jan. 30, 5:30-6:30 pm, age 14-adult
ARC, $5

Emotional Freedom Techniques
Wednesday, Jan. 31-Feb. 7, 6-8 pm on the 31st, 6-7 pm on the 7th, age 18-adult, Parkade Center, $29

Beginning Tumbling
Wednesday, Jan. 31-Mar. 14 (skip 2/21), 7-8 p.m., age 6-10
Parkade Center, $36