

Columbia Parks and Recreation Adaptive Sports Chronicle

Volume V - Issue 5

February

ADAPTED SPORTS

Basketball....

Athletes and coaches alike enjoyed the Area Tournament. All teams will participate in Districts Feb. 11 in Sedalia. Tournament details will be sent as soon as they are available. Everyone's patience is appreciated. Teams getting silver or gold have the opportunity to advance to regionals in March. State basketball competition is tentatively scheduled for May 31 and June 1. Limited teams will advance. Additional practices will be added for those advancing.

Tournament Schedule

Districts	
February 11	Sedalia
Regionals	
March 23-24	North KC
State	
May 31-June 1	Columbia

Swimming....

Registration has closed. Practice begins on Sunday, January 29. All athletes should have received their information packet. It is important to check hotline before practices if there is winter weather. Hotline number is 573-874-7663; option 2.

Practice Schedule

Hickman High School Pool	
Sundays	
Everyone	6:00-7:30p

HOTLINE

Winter weather is upon us. It is important that everyone check the Hotline before going to practices. The Hotline is an excellent source of program information 874-7663 option #2.

ADAPTED SPORTS

Track & Field....

Registration is open. A \$15 participation fee is due at time of registration. Practices will be on Wednesdays from 5:30p-6:30p, location TBD. The first practice is Wednesday, March 7. Deadline for registration is Friday, February 10.

Registration # 215605-01

Practice Schedule

Wednesdays	
Everyone	5:30-6:30p

Bowling....

The 2nd Session of Bowling is rolling. Please note practice dates are not consecutive. It is important to check hotline before heading to practice. Bowlers should have received the Advancement List for District Tournament in St. Joseph. It's important for everyone to be supportive of those representing our team. Those on the advancement list will receive tournament details as soon as they are available. Everyone's patience is appreciated.

Practice Schedule

Saturdays	
Jan 28; Feb 4 and 25	

Tournament Schedule

Districts	
March 2-4	St. Joseph
State	
May 29-June 2	Columbia

Track & Field....

Registration is open. A \$15 participation fee is due at time of registration. Practices will be on Thursdays from 6p-7:15p at Armory.

Registration # 215601-01

MEDAL UPDATE

Central Area

Basketball Tournament in Columbia.

GOLD

All-Stars - Coach Wallace

SILVER

Tigers - Coach Presnell

BRONZE

Columbia Express - Coach Crews

Jays - Coach Barr

Mizzou Dragons - Coach Parolin

Shooting Stars - Coach Stocker

Thunder Frogs - Coach Steeves

FOURTH

Blue Mustangs - Coach Klemme

Columbia Cats - Coach Fink

Team United - Coach Bryan

ADAPTIVE PROGRAMS

Dancing....

Come dance the night away. Great way to socialize with your friends. Please stop by the ARC front desk to pay your \$4 and receive a wristband.

Event Schedule

Sweetheart Dance

Fri, February 17 7p-9p

March Hare

Fri, March 9 7p-9p

FUNDRAISING

An opportunity to support Central Area Missouri Special Olympic Athletes at the 3rd Annual Polar Bear Plunge. Registration forms are available at somo.org/ColumbiaPlunge. For additional contact Diane Brimer at 573-256-6367.

When - Saturday, February 18

Where - Stephens Lake Park

Registration - 11:30a

Plunge - 2p

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JANUARY 29 <u>Hickman</u> First Swim Practice 6p-7:30p	JANUARY 30 <u>New Haven</u> BB Practice	JANUARY 31 <u>New Haven</u> BB Practice	FEBRUARY 1	FEBRUARY 2	FEBRUARY 3	FEBRUARY 4 <u>Town and Country Lanes</u> Bowling Practice Group A 12p-2p Group B 2p-4p
A huge THANK YOU goes out to Chuck Crews and Cost Cutters. Columbia College BB Night was a big success. Fans gave very warm reception to all our athletes. The Blue Mustangs, Thunder Frogs, Team United and Columbia gave the crowd quite a show while scrimmaging. Catch their scrimmage on Media Com Public Access Channel.						
FEBRUARY 5 <u>Hickman</u> Swim Practice 6p-7:30p	FEBRUARY 6 <u>New Haven</u> BB Practice	FEBRUARY 7 <u>New Haven</u> BB Practice	FEBRUARY 8	FEBRUARY 9	FEBRUARY 10 <u>Registration Deadline for Track & Field</u>	FEBRUARY 11 <u>Sedalia</u> BB Districts
FEBRUARY 12 <u>Hickman</u> Swim Practice 6:00p-7:30p	FEBRUARY 13 <u>New Haven</u> BB Practice	FEBRUARY 14 <u>New Haven</u> BB Practice	FEBRUARY 15	FEBRUARY 16	FEBRUARY 17 <u>Dance ARC</u> 7p-9p \$4 payable at the door	FEBRUARY 18 <u>Stephens Lake</u> Polar Bear Plunge Registration 11:30a Plunge 2p
FEBRUARY 19 <u>Hickman</u> Swim Practice 6:00p-7:30p	FEBRUARY 20 <u>President's Day</u> No BB Practice	FEBRUARY 21 <u>New Haven</u> BB Practice	FEBRUARY 22	FEBRUARY 23	FEBRUARY 24	FEBRUARY 25 <u>Town and Country Lanes</u> Bowling Practice Group A 12p-2p Group B 2p-4p
FEBRUARY 26 <u>Hickman</u> Swim Practice 6:00p-7:30p	FEBRUARY 27 <u>New Haven</u> BB Practice	FEBRUARY 28 <u>New Haven</u> BB Practice	FEBRUARY 29	MARCH 1	MARCH 2 <u>St. Joseph</u> Bowling Districts	MARCH 3 <u>St. Joseph</u> Bowling Districts
MARCH 4 <u>St. Joseph</u> Bowling Districts <u>Hickman</u> Swim Practice 6:00p-7:30p	MARCH 5 <u>New Haven</u> BB Practice	MARCH 6 <u>New Haven</u> BB Practice	MARCH 7 <u>Location TBD</u> Track & Field Practice 5:30p-6:30p	MARCH 8	MARCH 9 <u>ARC</u> "March Hare" 7p-9p \$4 payable door	MARCH 10

FEBRUARY 12